

find out

how to get the best out of family life



We will be running an online Nurturing Programme for parents of children with autism and/or learning disabilities

The first session will take place on Zoom at

10am-12 noon on Tuesday 26th April

Sessions will take place every Tuesday for 10 weeks, finishing on Tuesday 5th July

There will be no session on Tuesday 31st May as it is half-term

There are limited spaces - for more information or to book your space now, please contact Project Support via projectsupport@barnetmencap.org.uk or telephone **020 8349 3842**