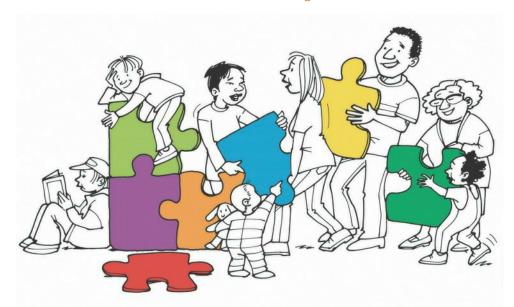




## find out

## how to get the best out of family life



We will be running a Nurturing Programme for parents of children with autism and/or learning disabilities

The first session will take place our office at 35 Hendon Ln, London N3 1RT at

10am-12 noon on Friday 29th April

Sessions will take place every Friday for 10 weeks, finishing on Friday 8<sup>th</sup> July

There will be no session on Friday 3<sup>rd</sup> June as it is half-term

There are limited spaces - for more information or to book your space now, please contact Project Support via projectsupport@barnetmencap.org.uk or telephone 020 8349 3842