

# Upcoming Workshops for Parents of Children with Additional Needs

Check out our programme of upcoming workshops. There's a mix of information sessions and time to talk sessions where we can share our experiences and learn from each other



**Wednesday 20<sup>th</sup> April**  
**Time to Talk: ADHD**

**Wednesday 18<sup>th</sup> May**  
**Applying for Short Breaks**

**Wednesday 22<sup>nd</sup> June**  
**Time to Talk: ADHD**

**Wednesday 21<sup>st</sup> September**  
**Applying for PIP**

**Wednesday 19<sup>th</sup> October**  
**Time to Talk: ADHD**

**Wednesday 23<sup>rd</sup> November**  
**Time to Talk: Managing celebrations**

**Wednesday 18<sup>th</sup> January 2023**  
**Time to Talk: ADHD**

**Wednesday 22<sup>nd</sup> February 2023**  
**Blue Badge Information Session**

**Wednesday 15<sup>th</sup> March 2023**  
**Time to Talk: ADHD**

**All sessions will take place at both 10-11am and 7:15-8:15pm on Zoom, so you can choose the slot that suits you**

Sessions will be led by Jenny Melling and Valerie Lam, Barnet Mencap

To book your place today, contact **Project Support** on [projectsupport@barnetmencap.org.uk](mailto:projectsupport@barnetmencap.org.uk) or telephone **020 8349 3842**

**Don't forget to let us know which sessions and times you'd like to book!**