

**\*\*Updated Spring Timetable\*\***

**29.03.2021 – 16.04.2021**

**(Includes Easter Holidays)**

**Activities offered weekly unless otherwise stated**

**Staying COVID-19 Secure in 2021**

We confirm we have complied with the government's guidance on managing the risk of COVID-19  
**FIVE STEPS TO SAFER WORKING TOGETHER**

To help keep everyone safe, sessions will initially be outside progressing to well-ventilated rooms; group sizes have been significantly reduced as have resources to enable thorough cleaning at the end of each session; hand sanitizer will be available and adult social distancing is to be respected. Face coverings are required in all of the face to face groups. There is a booking system for all universal sessions. We will be following Government guidance and will review our risk assessments accordingly.

Sing-along      Baby Care      Arts & Crafts  
Fun Activity      Gardening  
Baby Massage      Healthy Cooking      Rhyme Time  
Boogie Mites      Story Time      Makaton

Includes sessions in community languages

**\*\*Please check Facebook for additional fun activities, information and updates\*\***

**Barnet Children's Centres – West Locality**



**Monday**

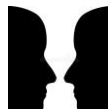
**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Face To Face Sessions**



**Stay & Play**  
0- 5 years  
9.30 -11am

To register your interest  
[SilkstreamCC@barnet.gov.uk](mailto:SilkstreamCC@barnet.gov.uk)  
or call  
020 8905 7605

**Let's Get Active**  
Physical experience  
1 – 5 years  
1 - 2.30pm

To register your interest  
[SilkstreamCC@barnet.gov.uk](mailto:SilkstreamCC@barnet.gov.uk)  
or call  
020 8905 7605

**Stay & Play**  
0 - 5 years  
10 – 11.30am  
Garden Fun  
31.03.21  
07.04.21  
Stay & Play  
14.04.21

To register your interest  
[childrenscentre@fairwaycc.barnetmail.net](mailto:childrenscentre@fairwaycc.barnetmail.net)  
or call  
020 8359 3730

**Family Time**  
0-5 years  
Invite Only  
9.30 – 11am

**Fun with Stories**  
**Stay & Play**  
2 - 5 years  
10 – 11.30am  
Garden Fun  
09.04.21  
Stay & Play  
16.04.21  
To register your interest  
[childrenscentre@fairwaycc.barnetmail.net](mailto:childrenscentre@fairwaycc.barnetmail.net)  
or call  
020 8359 3730

**Timetable is correct at time of printing**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Baby Group</b> Under 18 months 10 – 11.30am 29.03.21 12.04.21</p> <p>To register your interest</p> <p><a href="mailto:childrenscentre@fairwaycc.barnetmail.net">childrenscentre@fairwaycc.barnetmail.net</a> or call 020 8359 3730</p>		<p><b>Little Walkers Buggy Walk</b> Silkstream &amp; Montrose Park 1 -3 years 2 – 2.45pm</p> <p>07.04.21 14.04.21</p> <p>To register your interest <a href="mailto:wingfield@barnet.gov.uk">wingfield@barnet.gov.uk</a> or call 020 8359 3510</p>	<p><b>Stay &amp; Play</b> 0 - 5 years 10 – 11.30am Garden Fun 08.04.21 Stay &amp; Play 15.04.21</p> <p>To register your interest <a href="mailto:childrenscentre@fairwaycc.barnetmail.net">childrenscentre@fairwaycc.barnetmail.net</a> or call 020 8359 3730</p>	<p><b>Baby Group</b> Under 18 months 9.30 – 11am</p> <p>To register your interest <a href="mailto:SilkstreamCC@barnet.gov.uk">SilkstreamCC@barnet.gov.uk</a> Or call 020 8905 7605</p>
			<p><b>Little Walkers Buggy Walk</b> Buggy to 5 years Silkstream &amp; Montrose Park 1 – 2pm 01.04.21 15.04.21</p> <p>To register your interest <a href="mailto:SilkstreamCC@barnet.gov.uk">SilkstreamCC@barnet.gov.uk</a> or call 020 8905 7605</p>	<p><b>Babbling Babies on the Move Buggy Walk</b> Silkstream &amp; Montrose Park</p> <p>0 -1 years 10.30 – 11.30am</p> <p>09.04.21 16.04.21</p> <p>To register your interest <a href="mailto:wingfield@barnet.gov.uk">wingfield@barnet.gov.uk</a> or call 020 8359 3510</p>
<b>Antenatal &amp; Postnatal appointments arranged via your Midwife</b>				
<p><b>Midwifery @ Barnet &amp; Southgate college</b> Appointments only</p>	<p><b>Midwifery @ Barnet &amp; Southgate college</b> Appointments only</p>	<p><b>Midwifery @ Barnet &amp; Southgate college</b> Appointments only</p>	<p><b>Midwifery @ Barnet &amp; Southgate college</b> Appointments only</p>	<p><b>Midwifery @ Barnet &amp; Southgate college</b> Appointments only</p>
<p><b>Midwifery @ Silkstream</b> Antenatal &amp; Postnatal Clinic Appointments only</p>	<p><b>Midwifery @ Fairway</b> Antenatal &amp; Postnatal Clinic Appointments only</p>	<p><b>Midwifery @ Silkstream</b> Antenatal &amp; Postnatal Clinic Appointments only</p>	<p><b>Midwifery @ Silkstream</b> Antenatal &amp; Postnatal Clinic Appointments only</p>	<p><b>Midwifery @ Fairway</b> Antenatal &amp; Postnatal Clinic Appointments only</p>
	<p><b>Midwifery @ Silkstream</b> Antenatal &amp; Postnatal Clinic Appointments only</p>		<p><b>Midwifery @ Fairway</b> Antenatal &amp; Postnatal Clinic Appointments only</p>	<p><b>Midwifery @ Silkstream</b> Antenatal &amp; Postnatal Clinic Appointments only</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>Virtual Sessions</b>				
				
<p><b>Little Explorers</b> 11 am 'Barnet Childrens Centres – West Locality' Facebook page Every Monday we will giving you a new and exciting activity to try at home, helping your children become Little Explorers. This session will be a mix of step by step guides and videos. <a href="mailto:wingfield@barnet.gov.uk">wingfield@barnet.gov.uk</a></p>	<p><b>Baby Rhyme Time with Rachel</b> Under 18 months 10 – 10.30am 13.04.21 To register your interest Please email <a href="mailto:childrenscentre@fairwaycc.barnetmail.net">childrenscentre@fairwaycc.barnetmail.net</a> or call 020 8359 3730</p>	<p><b>Sing, Sign and Story Time</b> 0 – 5 years 10 – 10.30am To register your interest please email <a href="mailto:silkstreamcc@barnet.gov.uk">silkstreamcc@barnet.gov.uk</a> or call 020 8905 7605</p>	<p><b>Handy Hints 11am</b> 'Barnet Childrens Centres – West Locality' Facebook page 01.04.21 Weaning 08.04.21 Healthy Lifestyles + Lunchbox 15.04.21 Immunisations</p>	<p><b>Hayley's Healthy Lifestyle Advice Line</b> To book a 1:1 Telephone slot please contact 020 8359 3730</p>
	<p><b>Oral Health Advice with Rachael and Fiona</b> 1 – 3pm Support and advice about your child's oral health In partnership with CLCH To book an appointment please email <a href="mailto:rachael.crosbie@nhs.net">rachael.crosbie@nhs.net</a></p>	<p><b>11 O' Clock Question Time</b> 11 – 11.30am 'Barnet Childrens Centres – West Locality' Facebook page Answering your questions around parenting Please email your questions to <a href="mailto:wingfield@barnet.gov.uk">wingfield@barnet.gov.uk</a></p>	<p><b>Oral Health Advice with Rachael and Fiona</b> 1 – 3pm Support and advice about your child's oral health In partnership with CLCH To book an appointment please email <a href="mailto:rachael.crosbie@nhs.net">rachael.crosbie@nhs.net</a></p>	<p><b>Little Babblers</b> Under 18 months 10.30 -11am  02.04.21 To register your interest please email <a href="mailto:wingfield@barnet.gov.uk">wingfield@barnet.gov.uk</a> or call 020 8359 3510</p>
		<p><b>Oral Health Advice with Rachael and Fiona</b> 1 – 3pm Support and advice about your child's oral health In partnership with CLCH To book an appointment please email <a href="mailto:rachael.crosbie@nhs.net">rachael.crosbie@nhs.net</a></p>		<p><b>Toddler Music &amp; Dance</b> 1 - 5 years 2 – 2.30pm 09.04.21 To book a place please email <a href="mailto:childrenscentre@fairwaycc.barnetmail.net">childrenscentre@fairwaycc.barnetmail.net</a> or call 020 8359 3730</p>
<b>Children Centres Addresses</b>				
<p><b>Fairway School &amp; Children's Centre</b> The Fairway, Mill Hill NW7 3HS 020 8359 3730 <a href="mailto:childrenscentre@fairwaycc.barnetmail.net">childrenscentre@fairwaycc.barnetmail.net</a></p>	<p><b>Silkstream Children's Centre</b> Silkstream Road, Edgware HA8 0DA 020 8905 7605 <a href="mailto:SilkstreamCC@barnet.gov.uk">SilkstreamCC@barnet.gov.uk</a></p>	<p><b>Wingfield &amp; Stonegrove Children's Centre</b> C/O 0-19 West Hub Barnet &amp; Southgate College 7 Bristol Avenue, NW9 4BR 020 8359 3510 <a href="mailto:wingfield@barnet.gov.uk">wingfield@barnet.gov.uk</a></p>		

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